5 days 25 opportunities to put yourself ahead

0

Planning your time over the school holidays...

- You DO need a rest and recharge
- Your ARE allowed to go out and have fun
- But you DO need to work also
- Work smart
- Make it count
- Plan your week carefully





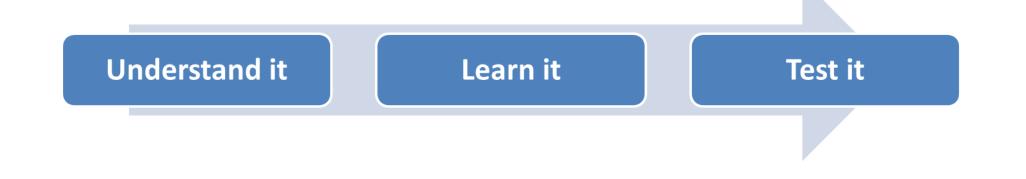
Revision schedule KS4



Start	Session 1:	Session 2:	Session 3:	Session 4:	Session 5:	Optional reward
before 10am!	30-50 minutes	30-50 minutes	30-50 minutes	30-50 minutes	30-50 minutes	session:
				Plan your day	in	30 minutes
Day 1			Plan your day in small chunks. Start with your mock exams – what questions did you struggle			
				questions did you struggle on?		
			Practise re-writing these, or even better, a different but in the second			
Day 2					Sin Dul Similar	
				If you've not	.ion.	
Day 3				If you've not got th for a whole longer speed planning it!	le time or energy	
				speed planning it	, practise	
			N	words, correct EVER just read over	structure)	
Day 4				is a him	Your work This	
				vays be active		
				ways be active – ma oud, answer questi own quest i	ke notes, speak	
Day 5				own questi	ons, write your	
,						

Top Tips for getting the balance right:

- Use half term to TAKE CONTROL and catch up.
- Create a HIT LIST –**Prioritise** less secure topics.
- Start early -<u>9am if possible</u>. You will then be finished before 3pm even with breaks!
- **Target** most challenging work in the morning.
- **Don't get distracted**. PUT YOUR PHONE AWAY!
- Move away from your workplace during breaks to reboot your mind.
- Stick to the plan and give yourself a reward if you do extra.
- You've learnt a great deal about HOW to **work SMART** –use this! Don't just read. Revise **actively** and **test yourself regularly**.
- Make use of your free time -don't waste it and plan something nice so that you have something to work for.





HAPPINESS IS



... feeling in control.

HAP4846 facebook.com/itsthehappypage

